ASTHMA POLICY

Rationale:
People with asthma have sensitive airways and when exposed to certain triggers their airways narrow making it difficult to breathe. Symptoms commonly include difficulty breathing, wheezy breathing, dry and irritating cough, tightness in the chest and difficulty speaking. Children and adults with mild asthma rarely require medication; however severe asthma sufferers may require daily or additional medication (particularly after exercise). Asthma affects up to one in four primary aged children, one in seven teenagers and one in ten adults. It is important therefore for all staff members to be aware of asthma, its symptoms and triggers, and the management of asthma in a school environment.

Purpose:
- To assist asthma sufferers to manage their asthma as effectively and efficiently as possible at school.

Implementation:
- Professional development will be provided to staff on the nature, prevention and treatment of asthma. Such information will also be displayed on the staffroom wall and around the school.
- All students with asthma must have an up to date (annual) written asthma management plan consistent with Asthma Victoria’s requirements completed by their doctor or paediatrician. Appropriate asthma plan proformas are available at www.asthma.org.au
- Asthma management plans recognise worsening symptoms, treatment and instructions on seeking the right medical assistance.
- Asthma plans will be attached to the student’s records for reference.
- Parents/guardians are responsible for ensuring their children have an adequate supply of appropriate asthma medication (including a spacer) with them at school at all times.
- The school will provide (for First Aid), and have staff trained in the administering of, reliever puffers (blue canister) such as Ventolin, Airomir, Asmol or Bricanyl and spacer devices in all first-aid kits, including kits on excursions and camps. Clear written instructions on how to use these medications and devices will be included in each first aid kit, along with steps to be taken to treat severe asthma attacks. Kits will contain 70% alcohol swabs to clean devices after use.
- The delegated first aid staff member will be responsible for checking reliever puffer expiry dates.
- A nebuliser pump will not be used by the school staff unless a student’s asthma management plan recommends the use of such a device, and only then if the plan includes and complies with the Vic Government School’s Reference Guide – Asthma Medication Delivery Devices.
- All devices used for the delivery of asthma medication will be cleaned appropriately after each use.
- Care must be provided immediately for any student who develops signs of asthma.
- Children suffering asthma will be encouraged to self administer their medication in accordance with their asthma plan.
- If no plan is available children are to be sat down, reassured, administered 4 puffs of a shaken reliever puffer (blue canister) delivered via a spacer – inhaling 4 deep breaths per puff, wait 4 minutes, if necessary administer 4 more puffs and repeat the cycle. An ambulance must be called if there is no improvement after the second 4-minute wait period, or if it is the child’s first known attack. Parents must be contacted whenever their child suffers an asthma attack. Parents will incur the cost of ambulance travel if deemed necessary.

Evaluation: This policy will be reviewed as part of the school’s three year review cycle.